

Charles Wright Academy

Winterim 2008

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Winterim Philosophy

Winterim, a five-day experiential program, allows students and faculty to explore themes and classes outside the established curriculum. The program's philosophy is rooted in the conviction that preparation for the future means training for a lifetime in a rapidly changing world. The program offers opportunities to develop a variety of interests, understand cultural differences, build intellectual flexibility, and provide social and personal confidence. The themes of art, community service, outdoor education, cultural experience, and new skills are explored during Winterim.

Important Information for Students and Parents (Please Read Carefully)

Students are required to participate in a Winterim activity; it's a graduation requirement. Family vacations or personal traveling should not be planned. It is like any other week of the school year, except it is done outside the normal classroom setting. Eight hours of community service hours will be added to each day missed.

Please complete a sign-up sheet and place the form in the box located on Mrs. Kriese's desk. You should select four choices, one of which should not be a trip offering. **Athletes: If your coach requires you to remain in the area, do not request a trip!** If you select one or more trips, **a deposit check for \$300 must accompany the form.** If the trip is less than \$300.00, please write your deposit check for 50 % of the trip. Your application will not be considered until a check is received. Please see Mr. White, Mr. Lamoreux, or Mrs. Golding if you are unable to meet this requirement. If you are placed on a trip, the money will be transferred into the trip account. If you are not assigned a trip, the money will be refunded. If you are assigned a trip and you decide not to go, you will forfeit the money. Please sign up for trips where you have a genuine interest. Forms must be signed by a parent or guardian and you should consider the options carefully **prior** to making the decision. Students should not assume that they will automatically be assigned to a trip.

When making choices, please consider the cost of the offerings. In the past, students have signed up for trips and at the last minutes realized they did not have the required financing. **If you are selected for a trip, you will be held financially responsible**

for all costs. Some need-based financial aid is available to students that can cover up to 50% of an activity. See details below.

Winterim forms will be distributed in a few days. The Winterim committee will be assigning students to groups once the deadline has passed. The Committee makes every effort to provide students with one of their four choices. After lists have been distributed and Winterim groups have met for the first time, students will not be allowed to change activities.

Financial Aid

Due to the generosity of the Parent Association, Green Derby, and Student Council, Winterim has some funds for financial aid available. Selection of recipients will be based primarily on need. The committee will work with the Admissions Office and need will be evaluated on the financial aid applications on file in the admissions office. The school cannot provide full scholarships but will make partial scholarships (up to 50% of the cost of an activity) in a manner that provides the greatest degree of support for the largest number of qualified students. Applications for financial aid are due at the same time as selection forms and trip deposit checks. Forms can be obtained from Mrs. Kriese in the main office.

Art Offerings

Art of Glass Blowing

Instructor(s)	Joe Miller
Dates	TBA
Enrollment	6
Cost	\$400
Description	Learn the art of glass blowing at a local studio in Tacoma. Professional instruction will be given in all aspects of glass blowing. Students will create projects of their own choosing, as well as contribute a group piece for the auction. Students will earn 2 hours of community service.

Empty Bowls

Please see the listing in the *Community Service* section

Metalsmithing

Instructor(s)	Patti Crouch and Tracey Belding
Dates	Feb. 20-22, 25-26
Enrollment	10
Cost	\$150
Description	Use power tools, fire and chemicals to transform flat metal into unique pieces of jewelry! This project-oriented Winterim will introduce students to the fundamentals of metalsmithing and jewelry fabrication. Students will create their own designs out of a few simple materials while learning essential metalsmithing techniques such as sawing, drilling, soldering, texturing, polishing and creating stone settings. All students should be able to complete and take home at least two projects such as a sterling silver ring with a semi-precious stone, a pair of earrings, a pendant, or some other object of their own design. Class fee includes copper, brass, and all other supplies and tools needed. We will also supply sterling silver and semi-precious stones for specific projects.

Instructor(s)	Movies, Movies, Movies!* Mrs. Cantrall and Dr. Tjardes
Dates	Feb. 20-22, 25-26
Enrollment	Up to 20 total
Cost	\$50 per student (for the cost of movie tickets)
Description	<p>Do you love movies? Do you like big pictures, indie films, avante garde, or foreign films? Are you interested in being exposed to new genres of film and new directors you might not have seen? Each day we will watch a movie in the morning at CWA, talk about it, then go to a new movie each night playing in the theater either here in the area or up in Seattle. Visit theaters you haven't been to, see movies you normally wouldn't. Impress your friends with your newfound movie trivia! Come join us and have a great time!</p> <p>Potential movies might include the works of: Jean-Pierre Jeunet, <i>Amélie</i> and <i>The City of Lost Children</i> Alfred Hitchcock, <i>Rear Window</i> and the recent remake Joel and Ethan Coen, <i>Raising Arizona</i> and <i>O Brother Where Art Thou?</i> Edgar Wright, <i>Shaun of the Dead</i> and <i>Hot Fuzz</i></p>

**Note: Some of the films shown in this Winterim will be R-rated and will require a completed parental permission form.*

Community Service

	Adopt-an-Elementary
Instructor(s)	Aimee Mell, Marc Janes, and David Kangas
Category	Community Service (30 hours of community service)
Dates	Feb. 20-22, 25-26
Enrollment	16
Cost	None
Description	Each student in this course will adopt a classroom in an elementary school for one week. You will work one-on-one with young children as teachers and mentors. The children will think you are special and the feeling will be mutual. Each student keeps a journal of the experience, and these journals are shared at the end of the program. Successful completion of this program provides 30 off-campus community service hours.

Art of Glass Blowing

Please see the listing in the *Arts* section

	Building Community...Literally
Instructor(s)	Mike Moffitt and Laurel Webster
Dates	Feb. 20-22, 25-26
Enrollment	14 (students must be at least 16 years old by Feb. 20)
Cost	\$25
Description	Warmth at night. Light to read by. Dry ceilings during the wet winter. A place to put your stuff. In other words, HOME. Those of us blessed enough to live in a good house can easily forget how difficult life would be without one. But some families don't have decent places to live and can't afford to buy or build. That's where we come in. Staring Wednesday, Feb. 20, we will join a building team organized by <i>Tacoma/Pierce County Habitat for Humanity</i> in building a new home for a local family. Possible jobs include: Painting, framing, installing drywall and siding, carpentry trim, landscaping, installing appliances, cleanup We will NOT: Do roofing, sheeting, installation of trusses, electrical work, plumbing, or use power tools Participants will earn between 25 – 40 hours of community service credit (depending upon length of work days)

	Empty Bowls
Instructor(s)	Emily Stokes
Dates	Feb. 20-22, 25-26
Enrollment	8-10
Cost	\$30
Description	Throw pots for a cause! Spend the week learning (or perfecting) the techniques of handbuilding, throwing, trimming, decorating and glazing at the Manitou Arts Center. All bowls made will be donated to the Empty Bowls project to be sold at an annual fundraiser, with proceeds benefiting local hunger relief programs. Experience with ceramics is helpful but not necessary, as Manitou will provide instruction where needed.

European Cook and Serve

Please see the listing in the *Cultural* section

Guatemala: From an Orphanage to the Mayan Ruins

Please see the listing in the *Cultural* section

	Headstart Helper – First Place for Kids
Instructor(s)	TBA
Category	Community Service (20 hours of community service)
Dates	Feb. 20-22, 25-26
Enrollment	5 - 10
Cost	None – bring lunch daily
Description	Headstart helps children in poverty by providing food and teaching pre-kindergarten skills. Children in this downtown Tacoma program are from many different cultures. You will interact with the children in play activities, arts and crafts, story reading, and as a conversation buddy. Full off-campus community service hours earned. Open to students who have worked at Headstart in previous years or to students who have some experience working with younger children.

NW Trek

Instructor(s)	Chelsea Carter
Dates	Feb. 20-22, 25-26
Enrollment	10-14
Cost	\$20 for a nicer meal on the last day
Description	Combine your love of the outdoors and community service in this wacky and wonderful Winterim offering! At NW Trek, we'll help improve the environment for the cute fuzzy little darlings that inhabit the park. We'll do such things as plant trees and help clean the wolf exhibit, all the while working with the resident biologist who will teach us lots of cool, outdoorsy stuff. On the last day, we will have the joy of experiencing a behind-the-scenes tour of the park. Pack your lunch and your outdoor gear and I'll see you in the park!

Medical Explorers, Patient Pals

Instructor(s)	Marc Janes
Dates	Feb. 20-22, 25-26
Enrollment	7
Cost	None
Description	<p>Whether you want to explore a career as a medical professional or just help children cope with their healthcare experience --- or both! --- you're in for smiles, theirs <u>and</u> yours, and you'll be rewarded by new insight plus the satisfaction of giving.</p> <p>During mornings, you'll present a group activity twice: once to youngsters at Mary Bridge Children's Hospital Child Life Services department, and once to those receiving care for long-term illnesses in the Health Center.</p> <p>As a group, you and your other CWA participants will choose, plan, and present the activities, something different each day: read-aloud to children in small groups or one-on-one, lead an art project, run a bingo game, do a magic show (you'll be trained in advance by a wizard!), perform a puppet show, or help a pair of professional clowns entertain.</p> <p>In the afternoon, you'll get to job-shadow a healthcare professional each day, a unique opportunity to accompany and observe the real-life work of a physician, nurse or specialist in radiology, pharmacy, obstetrics, physical therapy, information technology, or a specialty area of personal interest to you.</p> <p>Serve those receiving care, learn from a professional care-giver, and build some wonderful memories!</p> <p>In case of more interest than spaces available, selection for participation will be based on a short "application" statement (1-2 paragraphs) on what you intend to contribute to and take away from this opportunity. People who sign up for this Winterim offering will be given forms.</p> <p><i>Depending on sign-up, selection is based on a written response: "Why I want to participate --- what I will give to and take from this experience."</i></p>

	Service in the Superstition Mountains
Instructor(s)	Carla Parker, Nick Stokes
Dates	Feb. 19-25 (tentative, pending Forest Service needs)
Enrollment	8
Cost	\$1050 plus backpacking equipment
Description	"The Superstition Mountain Wilderness Area in Arizona is starkly beautiful and often rugged. To those hardy enough to meet the challenges, this wilderness offers scenic beauty, and a chance to discover peaceful seclusion from the pressures and congestion of society." We will backpack into the wilderness area to do trail work with a US Forest Service crew. After working for four tough but rewarding days, we will take a day to hike and enjoy the area.

	Utah Ski and Community Service
Instructor(s)	Jane and Larry Riches
Dates	Feb. 19 – 26
Enrollment	8 students maximum
Cost	\$1250
Description	Enjoy the outdoors in Utah while earning community service credit at the same time! Program leaders will take a maximum of 8 skiers and/or boarders to the National Ability Center in Park City, where they will receive disability awareness training and accompany ski lessons for people with a range of abilities. The trip includes free time for resort skiing/boarding, tubing, and shopping

Cultural Offerings

	European Cook & Serve
Instructor(s)	Daniel Wicklund
Dates	Feb. 20-22, 25-26
Enrollment	15
Cost	\$60
Description	Come and learn about the culture and cooking of Europe! Students will spend 3 days learning and cooking authentic recipes from France, Switzerland, Czech Republic, and Ireland. In addition to the cooking, students will also learn something about the cultures through language, music and/or films. The final two days of the course are devoted to community service, and students will serve food with Tacoma-based Hospitality Kitchen [10 hours community service].

	Guatemala: From an Orphanage to the Mayan Ruins
Instructor(s)	Cheryl Sesnon
Dates	Feb. 16 through 24
Enrollment	8 - 10
Cost	\$1800 - \$2,000, (depending on enrollment)
Description	Come with us to experience community service and exploration in the beautiful country of Guatemala. The first few days will be spent living in a Guatemalan orphanage, Nuestros Pequeños Hermanos, while getting to know these wonderful children. We will play, study, eat, and work together. Next, we will move over to the city of Antigua and learn about the Guatemalan culture and country. We will take a class on Maya Spirituality, then travel to Tikal National Park and climb the Mayan ruins, where the movie "Apocalypto" was filmed. We will also take a trip up into the mountains and visit a traditional Maya marketplace – great shopping! Expand your view of the world on this Central American adventure.

ITADAKIMASU!

Instructor(s) Stephanie Glenn and Laurel Webster
Dates Feb. 20-22, 25-26
Enrollment 7-14
Cost \$225-275 (depending on sign up)
Description Delight in the culinary arts of Japan from Sushi to home style cooking. You will venture to Uwajimaya to shop for the ingredients; learn home style cooking from Chef Naomi Kakiuchi; be a guest at a traditional Tea Ceremony, learn sushi making from a real sushi chef, and visit the Seattle Asian Art Museum. If you want to eat, prepare, and learn about lots of delicious, traditional Japanese food, this is the course for you!

Normandy to Notre Dame

Instructor(s) Jaime O'Dell and Nick Coddington
Dates Feb. 16-25
Enrollment 14
Cost Approximately \$2,000
Description In a never before offered Winterim, the French and History Departments are excited to present a Winterim that is not to be missed. We will fly from Seattle to Paris and begin a journey into discovering France's most inspiring sights. With an emphasis on discovering and enhancing our French language skills and improving our understanding of history, we will travel to historical sights from the battlefields of Normandy to the streets of Paris. This 9-day Winterim will include the following highlights: D-Day Beaches, Mont St. Michel, the Bayeux Tapestry, Rouen, and Paris.

New Skills

Adirondack Chairs

Instructor(s)	Jim Dempsey & Miles Struxness
Dates	Feb. 20-22, 25-26
Enrollment	no more than 15
Cost	\$125 +/-
Description	Picture yourself lounging in your classic Adirondack Chair. But wait, it gets better. The chair has been handcrafted by you. Join fellow students in the wood shop for Winterim. In one week, you will create your own fabulous chair, as well as learn the basics of building outdoor furniture. No prior experience necessary.

Building Community... Literally

Please see the listing in the *Community Service* section

European Cook and Serve

Please see the listing in the *Cultural* section

Golf in Naples, Florida

Instructor(s)	Howard Wouters
Dates	Feb. 16 – 23
Enrollment	6 (limited to boys)
Cost	\$1500
Description	The Florida Golf Winterim is designed for the serious, competitive golfer. Participants will spend 15 hours in small-group lessons at the Rick Smith Golf Academy. Professionals will instruct students on the practice range as well as give lessons on the surrounding golf courses. Each day the golfers will engage in eight to ten hours of golf instruction and practice. Serious and competitive golfers will have preference, but you don't have to be a member of the golf team. Along with the application and down payment, please include a short essay highlighting your golfing background. Since the group will be staying in a condominium, this Winterim is only available to boys.

ITADAKIMASU!

Please see the listing in the *Cultural* section

Indoor Rock Climbing

Instructor(s)	Neil Biermann
Dates	Feb. 20-22, 25-26
Enrollment	5 – 10
Cost	approx. \$250
Description	<p>Learn how to rock climb in the comfort of an indoor 10,000 Sq. Ft. climbing gym. This course will teach the basics of belaying (including securing a harness and setting up a belay device), climbing basics, movement and technique, and lead climbing. The class will be taught by professional staff from Edgeworks Climbing in Tacoma.</p> <p>The first four days will be spent developing the skills and confidence necessary to climb an outdoor rock wall. On the fifth day the class will travel to Vantage to climb basalt/granite formations.</p>

Introduction to Black & White Photography

Instructor(s)	Katy MacDonald and David Kangas
Dates	Feb. 20-22, 25-26
Enrollment	15
Cost	\$100
Materials needed	Single lens reflex 35 mm camera
Description	<p>Learn how to operate a camera; how to take interesting pictures while paying attention to lighting conditions, framing, perspective, depth of field; how to develop your own film; and how to make prints in the dark room. We will spend a day taking pictures in Seattle (focusing on architecture) and one morning or afternoon in Steilacoom (focusing on nature photography).</p>

Local Golf (boys)

Instructor(s)	Mr. Kane and Mr. Stubbs
Dates	Feb. 20-22, 25-26
Enrollment	Limit 10
Cost	\$220
Description	<p>Participants will receive five days of instruction from a local golf professional and play golf each day. Lunches are included in the price. Local Golf is open to <u>all levels</u> of golfers. Group lessons will be organized by experience. Students are encouraged (but not required) to have their own clubs.</p>

	Local Golf (girls)
Instructor(s)	Mr. Kane, Mr. Stubbs, and Ms. Topel
Dates	Feb. 20-22, 25-26
Enrollment	Limit 10
Cost	\$220
Description	Participants will receive five days of instruction from a local golf professional and play golf each day. Lunches are included in the price. Local Golf is open to <u>all levels</u> of golfers. Group lessons will be organized by experience. Students are encouraged (but not required) to have their own clubs.

	Local Tennis at Pac West
Instructor(s)	Barton Truscott
Dates	Feb. 20-22, 25-26
Enrollment	10
Cost	\$250
Description	Students will attend training sessions for up to four hours each day focused on establishing tennis skills. Courts will be indoors at a local tennis facility. All skill levels are welcome. A great activity to get in shape for all spring sports.

	Northeast College Trip
Instructor(s)	Bill White and David Adams
Dates	Feb. 17-23
Enrollment	
Cost	\$1250
Description	Explore the great liberal arts colleges and public universities in New England during Winterim 2008. What a great way to jump-start your college search and to visit many colleges in Connecticut, Rhode Island, and Massachusetts. Walking tours of campuses, information sessions, and gaining insight into the cultural life of the area will be thoroughly examined. The group will visit the following colleges: Wesleyan, Trinity College, University of Connecticut, Yale, University of Massachusetts, Amherst College, Smith, Babson, Brandeis, Harvard, M.I.T., Boston University, Boston College, Northeastern, Tufts, and Brown. Students will have some time to explore Hartford, Connecticut; Northampton, and Boston, Massachusetts; and Providence, Rhode Island.

Northwest College Trip

Instructor(s)	Katie Ryan and Bill White
Dates	Feb. 20 – 22; 25, 26
Enrollment	12
Cost	\$200
Description	Interested in attending a college in the Pacific Northwest? Explore the opportunities for a quality education at nearby schools such as the University of Puget Sound and Pacific Lutheran University before extending your search to include the University of Washington in Seattle and Western Washington University. Venture further south into Oregon to visit Lewis and Clark College and the University of Portland. Round out your journey with visits to Willamette College and Linfield. This Winterim will include one overnight stay.

Scuba Diving (NS)

Instructor(s)	Neil Biermann
Dates	Feb. 20-22, 25-26
Enrollment	5 – 10
Cost	approx. \$400, which includes most equipment and materials
Description	Learning to scuba dive is safe and requires a modest amount of training. Beginning certification takes approximately 32 hours to complete. You will participate in classroom sessions and practice essential diving skills in a pool. You will complete the training with a final written exam and a training dive in open water. Upon completion you will receive a certification card that identifies you as a trained diver, allowing you to rent equipment and explore other diving destinations.

Sew What's the Big Deal with Sewing

Instructor(s)	Tori and Jeremy Stubbs
Dates	Feb. 20-22, 25-26 Feb. 20 – Feb. 26?
Enrollment	7 ~ 15 (max) students
Cost	\$30.00 ~ \$40.00 per person; lunches not provided
Description	Have you ever wanted to use a sewing machine, but have no idea where to start? Come learn the basics of sewing from Tori Stubbs, who has over 8 years of theatrical costuming experience and is excited to share some sewing knowledge. Learn how to use a sewing machine, hand stitching for buttons or hems, how to read and cut out a pattern, the basics of garment construction, and how to make some practical around the house items. No prior sewing experience is necessary, but there will be something for all skill levels. So if you have no idea what a bobbin looks like or if you need help sewing a French seam, then sign up for this Winterim.

Sittin' and Knittin'

Instructor(s)	BJ Smith
Dates	Feb. 20-22, 25-26
Enrollment	6-10
Cost	\$5 plus money for materials
Description	You will need a pair of knitting needles (size 8 or 9) and one or two skeins of wool (Just how long a scarf do you want?) to learn how to knit and produce a scarf to keep your neck warm in winter. If you already know how to knit and want help in learning how to do sweaters, socks, purses, etc., bring what you need for the project. One part of the course will consist of working on a communal, shared project for community service... Perhaps a baby blanket or caps for preemie babies?

This is Skate Skiing!

Instructor(s)	Steve Matson
Dates	Feb. 18-22
Enrollment	The ration of students to teachers depends on the form of transportation we can use. If minivans are used, the maximum ratio is 6:1. If larger vans are available and legal to use, the ratio can be larger.
Cost	Approximately \$600. Includes lodging, food, transportation, ski rental, and trail pass. Does not include appropriate ski clothing, which needs to be acquired in the weeks before we leave.
Description	By the end of the week you will be zooming along snowy trails in an activity that will become a lifelong outdoor recreation. This trip will teach skate skiing while exploring the Methow Valley's 175 kilometers of interconnected ski trails. Athletic yet safe, skate skiing is a fast-paced aerobic exercise that combines the motions and rhythms of roller-blading, running, and cross-country skiing, but it also provides a passport into nature during the winter. Nestled among the North Cascades Wilderness and the Okanogan Range, the Methow Valley's network of trails takes skiers through the winter herding grounds of mule deer and a stunning geography of mountain forests, wild streams, alpine lakes, and snow-covered ranch land. By day students will learn skate ski technique while traveling different segments of the trail network. Evening sessions will include discussions about wilderness safety and first aid, ski technique, local history, and natural history. The group will stay at a Winthrop hotel centrally located to the trail network. Although previous Nordic or alpine skiing ability is an advantage, no previous experience is necessary. However, participants must be prepared for several hours of physical activity per day in cold, possibly inclement weather. On the other hand, we may have beautiful, sunny spring skiing! This trip is excellent cross-training for track and other spring sports.

Outdoor Education

Grand Canyon Adventure

Instructor(s)	Alex Koerger and guides
Dates	Feb. 15-19
Enrollment	12-20
Cost	\$1300
Description	Adventurers have the opportunity to take a fun and educational trip to the Grand Canyon. We will study the Canyon, take a float trip down the Colorado River, go rock climbing, hike the red rocks of Sedona, and much more.

Professional guides from Grand Classroom will plan every aspect of our trip. They specialize in Grand Canyon tours and will be working with us throughout our adventure. Visit www.grandclassroom.com for more information.

All transportation, hotel accommodations, meals, sightseeing and evening activities are covered.

Rock Climbing in Joshua Tree

Instructor(s)	Jen Lokey and Ryan Johnson
Dates	Feb. 17 – 25
Enrollment	10 to 15
Cost	\$1350
Description	Climb and camp in one of the nation's most unique and breathtaking landscapes: the sunny, high altitude desert of Joshua Tree National Park in Southern California! The nine-day trip is comprised of 5 climbing days, 2 exploration days, and 2 travel days. The climbing days are spent on spectacular rock formations with two professional climbing guides, who will teach beginning and intermediate rock climbing and safety skills. The non-climbing days are spent exploring other aspects of the park, including the Dr. Seuss-like Joshua Trees, hot springs, and small surrounding peaks. While no experience is required, a GREAT DEAL of enthusiasm for camping and the outdoors in general is ESSENTIAL! The cost is all-inclusive.

Service in the Superstition Mountains

Please see the listing in the *Community Service* section

Southwest Canyon Lands & Backpack Trip	
Instructor(s)	Annie Senner, Creighton King, Wes Westby, Diane Hunt
Dates	Feb.16-24
Enrollment	18
Cost	Estimated \$1100 - 1200 (perhaps less depending on enrollment/airfare)
Description	An adventure in one of the most beautiful areas of North America and an opportunity to visit a Native American culture that has existed for 600 years in Havasu Canyon, a pristine side arm of the Grand Canyon. After a five-day backpack trip into Havasu, we'll continue with a road trip to the South Rim of the Grand Canyon where we'll be amazed watching a "Grand Sunrise" unfurl before our eyes. The trip will continue to Bryce and Zion National Parks for some day hiking, exploring, and camping in two more of American's astounding canyon land National Parks.

While not for the physically timid—we do a lot of hiking, camp most nights and take on the responsibilities of caring for ourselves and being willing to care for the group—if you've done the 8th Beach Hike, a Sophomore Outdoor Ed hike or a similar backpack trip, you should be ready. We'll plan group meals, swim in the pools below Havasu Falls, hike and explore the box canyons, watch for ring-tailed *coatimundis* as well as day hike out to the Colorado River in the Grand Canyon. In addition, there will be plenty of opportunity for photography, journaling, drawing and individual reflection. Be part of CWA tradition—over a hundred Charles Wright Academy students have made the Havasu Trip before you.

Utah Ski and Community Service

Please see the listing in the *Community Service* section
